

Ergebnisliste



Meerbusch läuft!

Optic-Zingel-Lauf -5 km-, 9. Juli 2005

Platz	Zeit	St.Nr.	Name	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
1	00:15:23	355	Lohse, Christoph	KTSV Preussen Kref	1983	1	HKM	03:05	00:00:00
2	00:16:37	268	Tüshaus, Thomas	ART Düsseldorf	1967	1	M35	03:19	00:01:14
3	00:17:41	235	Stefes, Hermann Josef	LG Mönchengladbac	1985	2	HKM	03:32	00:02:18
4	00:17:59	319	Konstantinou, Kosta	TG Neuss	1971	1	M30	03:36	00:02:36
5	00:18:16	320	Hader, Jens	TG Neuss	1982	3	HKM	03:39	00:02:53
6	00:18:25	464	Rangen, Arnold	ohne Verein	1962	1	M40	03:41	00:03:02
7	00:18:29	255	Thelosen, Tonnie	Olympus Boxmeer	1953	1	M50	03:42	00:03:06
8	00:18:47	243	Stüben, Georg	World Vision	1955	2	M50	03:45	00:03:24
9	00:18:49	236	Stein, Wolfgang	LC Wuppertal	1939	1	M65	03:46	00:03:26
10	00:18:51	348	Duking, Frank	Atletico 73	1947	1	M55	03:46	00:03:28
11	00:18:53	977	König, Ralph	ohne Verein	1965	2	M40	03:47	00:03:30
12	00:19:04	411	Kmuche, Dirk	LG 1947 Viersen	1960	1	M45	03:49	00:03:41
13	00:19:12	997	Keller, Adolf	LC Wuppertal	1944	1	M60	03:50	00:03:49
14	00:19:17	458	Friedrichs, Manfred	ART Düsseldorf	1953	3	M50	03:51	00:03:54
15	00:19:27	316	Adomeit, Joachim	Osterather TV	1940	2	M65	03:53	00:04:04
16	00:19:39	315	Kuntz, Dirk	Osterather TV	1967	2	M35	03:56	00:04:16
17	00:19:44	286	Willfahrt, Jens	TuS 64 Bösinghoven	1975	2	M30	03:57	00:04:21
W 18	00:19:48	971	Jünger, Antoinette	VSV Grenzland Weg	1959	1	W45	03:58	00:04:25
19	00:19:49	195	Roggen, Markus	Strümp	1983	4	HKM	03:58	00:04:26
W 20	00:19:56	962	Pesch, Lea	SC Bayer 05 Uerding	1976	1	HKW	03:59	00:04:33
21	00:19:57	428	Giesen, Jörg	Bunert Running Tea	1963	3	M40	03:59	00:04:34
22	00:20:03	407	Gesthuysen, Tim	TuS 64 Bösinghoven	1986	1	JMA	04:01	00:04:40
23	00:20:09	123	Köppern, Norbert	FC Moers-Meerfeld	1954	4	M50	04:02	00:04:46
24	00:20:15	13	Bein, Hans Georg	LC Wuppertal	1956	2	M45	04:03	00:04:52
25	00:20:19	425	Schillings, Stefan	ohne Verein	1993	1	JMB	04:04	00:04:56
26	00:20:20	482	Klausner, Manfred	Osterather TV	1959	3	M45	04:04	00:04:57
27	00:20:23	972	Schottmann, Markus	TuS 64 Bösinghoven	1973	3	M30	04:05	00:05:00
28	00:20:27	259	Thran, Jürgen	LG Haltern	1946	2	M55	04:05	00:05:04
29	00:20:33	317	Müller-Mannhardt, Peter	Osterather TV	1953	5	M50	04:07	00:05:10
30	00:20:34	495	Kreifelts, Mario	ASV Lank	1988	2	JMB	04:07	00:05:11
31	00:20:45	452	Küssner, Bernd	Angerland LT Lintorf	1954	6	M50	04:09	00:05:22
32	00:20:52	952	Someno, Shinobu	International	1959	4	M45	04:10	00:05:29
33	00:20:56	373	Lippert, Max	LAV Bayer Uerdingen	1993	3	JMB	04:11	00:05:33
34	00:21:00	965	Vloet, Gerd	ohne Verein	1953	7	M50	04:12	00:05:37
35	00:21:13	440	Brüggen, Volker	ohne Verein	1966	3	M35	04:15	00:05:50
36	00:21:33	990	Wieland, Dieter	LG Krefeld	1940	3	M65	04:19	00:06:10
37	00:21:40	397	Gotzen, René	Adler Nierst	1976	5	HKM	04:20	00:06:17
38	00:21:44	480	Sommer, Jürgen	ohne Verein	1959	5	M45	04:21	00:06:21
39	00:21:48	426	Brinkmann, Detlev	ohne Verein	1956	6	M45	04:22	00:06:25
40	00:21:49	974	Schrooten, Marc	CSV Marathon Krefel	1974	4	M30	04:22	00:06:26
41	00:21:50	394	Windemuth, Lothar	LT Rennhamster	1956	7	M45	04:22	00:06:27
42	00:21:53	483	Müller, Mike	Willich	1991	4	JMB	04:23	00:06:30
43	00:22:07	488	Schmidt, Jürgen	ohne Verein	1948	3	M55	04:25	00:06:44
44	00:22:08	17	Beller, Mike	TuS St.Hubert	1968	4	M35	04:26	00:06:45
45	00:22:15	410	Dornscheidt, Frank	ohne Verein	1961	4	M40	04:27	00:06:52

Platz	Zeit	St.Nr.	Name	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
	46	00:22:24	403 Neubauer, Michael	TuS 64 Bösinghoven	1971	5	M30	04:29	00:07:01
	47	00:22:25	48 Eysel, Dr. Ulf	USC Bochum	1944	2	M60	04:29	00:07:02
	48	00:22:26	973 Freese, Martin	ART Düsseldorf	1962	5	M40	04:29	00:07:03
	49	00:22:28	193 Reinecke, Rolf	TuS 64 Bösinghoven	1960	8	M45	04:30	00:07:05
	50	00:22:28	405 Mangelmann, Dirk	TuS 64 Bösinghoven	1971	6	M30	04:30	00:07:05
	51	00:22:29	444 Ros, Joachim	ohne Verein	1982	6	HKM	04:30	00:07:06
	52	00:22:30	445 Moldenhauer, Kai	ohne Verein	1983	7	HKM	04:30	00:07:07
	53	00:22:31	402 Helms, Oliver	TuS 64 Bösinghoven	1983	8	HKM	04:30	00:07:08
	54	00:22:33	970 Creuznacher, Joachim	ohne Verein	1947	4	M55	04:31	00:07:10
	55	00:22:37	960 Fells, Tobias	TuS 64 Bösinghoven	1983	9	HKM	04:31	00:07:14
	56	00:22:38	983 Baumeister, Johannes	SSV Strümp	1951	8	M50	04:32	00:07:15
	57	00:22:48	80 Hanewinkel, Werner	Willich	1944	3	M60	04:34	00:07:25
	58	00:22:54	240 Steiof, Leander	TuS 64 Bösinghoven	1963	6	M40	04:35	00:07:31
	59	00:22:57	277 Weber, Bernd	Düsseldorf	1964	7	M40	04:35	00:07:34
	60	00:22:58	106 Jansen, Johannes	TuS 64 Bösinghoven	1955	9	M50	04:36	00:07:35
	61	00:23:08	953 Malcherczyk, Thomas	ohne Verein	1978	10	HKM	04:38	00:07:45
W	62	00:23:09	968 Schönebeck, Grete	TV Wattenscheid 01	1989	1	JWB	04:38	00:07:46
W	63	00:23:18	141 Leier, Sabine	ART Düsseldorf	1963	1	W40	04:40	00:07:55
	64	00:23:21	967 Happe, Thomas	LC Wuppertal	1965	8	M40	04:40	00:07:58
W	65	00:23:23	347 Straub, Anja	Atletico 73	1960	2	W45	04:41	00:08:00
	66	00:23:28	256 Thoens, Nikolaus	FC St. Pauli Hambur	1964	9	M40	04:42	00:08:05
	67	00:23:31	386 Lenzen, Lutz	TuS 64 Bösinghoven	1978	11	HKM	04:42	00:08:08
	68	00:23:36	406 Gorgs, Markus	ohne Verein	1985	12	HKM	04:43	00:08:13
	69	00:23:36	281 Wellnitz, Marius	Lahme Latschen Lan	1990	5	JMB	04:43	00:08:13
	70	00:23:40	421 Grassi, Gilles	TuS 64 Bösinghoven	1976	13	HKM	04:44	00:08:17
W	71	00:23:46	490 Brieden, Karin	VT Kempen	1960	3	W45	04:45	00:08:23
	72	00:23:53	978 Cyslik, Fryderyk	ohne Verein	1956	9	M45	04:47	00:08:30
	73	00:23:58	120 Koenders, Peter	Fischelner TV 1905 e	1940	4	M65	04:48	00:08:35
	74	00:23:59	408 Hemmers, Axel	TuS 64 Bösinghoven	1981	14	HKM	04:48	00:08:36
	75	00:24:00	333 van Hees, Jan	TuS 64 Bösinghoven	1993	6	JMB	04:48	00:08:37
	76	00:24:03	234 Stammen, Heiner	Ski-Klub Düsseldorf	1954	10	M50	04:49	00:08:40
W	77	00:24:04	472 Seidler, Lena	ohne Verein	1984	2	HKW	04:49	00:08:41
W	78	00:24:07	85 Heimhardt, Ingrid	TG Voerde	1945	1	W60	04:49	00:08:44
	79	00:24:09	492 Haese, Mirco	ohne Verein	1970	5	M35	04:50	00:08:46
	80	00:24:10	157 Mathé, Jan	SG Neukirchen-Hülch	1993	7	JMB	04:50	00:08:47
W	81	00:24:10	153 Mannebach, Katrin	Running-Team-Ratin	1975	1	W30	04:50	00:08:47
W	82	00:24:13	969 Creuznacher, Ellen	TSV Hochdahl	1954	1	W50	04:51	00:08:50
	83	00:24:16	54 Franken, Reiner	SC Bayer 05 Uerding	1955	11	M50	04:51	00:08:53
	84	00:24:17	314 Linkenheil, Helmut	Osterather TV	1962	10	M40	04:51	00:08:54
W	85	00:24:17	312 Quadbeck, Dorothee	Osterather TV	1944	2	W60	04:51	00:08:54
	86	00:24:21	39 Burre, Frank	TuS 64 Bösinghoven	1957	10	M45	04:52	00:08:58
	87	00:24:27	1000 Peters, Daniel	TuS 64 Bösinghoven	1978	15	HKM	04:53	00:09:04
	88	00:24:30	994 Wellnik, Karsten	Running Team TUS	1956	11	M45	04:54	00:09:07
	89	00:24:45	449 Kallen, Albert	ohne Verein	1954	12	M50	04:57	00:09:22
	90	00:24:47	285 Werthmann, Achim	Meerbusch	1965	11	M40	04:57	00:09:24
W	91	00:24:49	489 Bergerfurth, Steffi	VT Kempen	1974	2	W30	04:58	00:09:26
	92	00:24:51	500 comans, Klaus	Fischelner TV 1905 e	1940	5	M65	04:58	00:09:28
W	93	00:24:51	71 Griesbach, Ines	Haaner TV	1997	2	JWB	04:58	00:09:28
W	94	00:24:53	433 van den Hovel, Astrid	ohne Verein	1963	2	W40	04:59	00:09:30
	95	00:24:55	229 Schwieren, Günther	Fitness-Center Sels	1953	13	M50	04:59	00:09:32
	96	00:24:57	237 Steingrobe, Simon	Krefeld	1991	8	JMB	04:59	00:09:34

Platz	Zeit	St.Nr.	Name	Verein	Jahr	PAK	AK	Min/KM	Z-Diff
W 97	00:24:57	497	Steingrobe, Julia	Krefeld	1984	3	HKW	04:59	00:09:34
W 98	00:24:59	112	Jurk, Cornelia	TuS 64 Bösinghoven	1975	3	W30	05:00	00:09:36
99	00:25:09	432	van den Hövel, Hans	ohne Verein	1952	14	M50	05:02	00:09:46
W 100	00:25:13	118	Keller, Ingeburg	LC Wuppertal	1954	2	W50	05:03	00:09:50
101	00:25:15	485	Schröder, Hans	ohne Verein	1936	6	M65	05:03	00:09:52
102	00:25:18	420	Basile, Pascale	TuS 64 Bösinghoven	1976	16	HKM	05:04	00:09:55
103	00:25:19	486	Janßen, Sebastian	FC Büderich 02	1991	9	JMB	05:04	00:09:56
104	00:25:20	269	Vaaßen, Wilfried	TV 1865 Ratingen	1944	4	M60	05:04	00:09:57
105	00:25:22	975	Klespe, Thomas	TuS 64 Bösinghoven	1981	17	HKM	05:04	00:09:59
106	00:25:26	51	Fieser, Heinz	Duisburg	1951	15	M50	05:05	00:10:03
107	00:25:30	476	Leuschner, Frank	LG Tempo 80	1969	6	M35	05:06	00:10:07
108	00:25:45	454	Swara, Burkhard	BSG Düssel-Runner	1947	5	M55	05:09	00:10:22
109	00:25:49	450	Höttges, Klaus	ohne Verein	1966	7	M35	05:10	00:10:26
110	00:25:51	194	Ridder, Martin	Meerbusch	1964	12	M40	05:10	00:10:28
111	00:26:03	232	Seitz, Dietmar	Düsseldorf	1962	13	M40	05:13	00:10:40
112	00:26:16	273	Völler, Michael	Korschenbroich	1966	8	M35	05:15	00:10:53
113	00:26:16	334	Bongartz, Peter	VFL Forstwald	1934	1	M70	05:15	00:10:53
114	00:26:18	400	Gräter, Kurt	Blackfoot Cologne	1948	6	M55	05:16	00:10:55
W 115	00:26:20	226	Schroers, Petra	TuS 64 Bösinghoven	1965	3	W40	05:16	00:10:57
116	00:26:24	136	Lange, Tobias	Meerbusch	1992	10	JMB	05:17	00:11:01
117	00:26:24	416	Hoffmann, Werner	ohne Verein	1957	12	M45	05:17	00:11:01
W 118	00:26:30	966	Heiker, Petra	LC Wuppertal	1955	3	W50	05:18	00:11:07
119	00:26:31	116	Kastner, Norbert	DTV-SKI	1943	5	M60	05:18	00:11:08
120	00:26:37	283	Wennesheimer, Michael	Vodafone Runners	1973	7	M30	05:19	00:11:14
121	00:26:41	33	Brömmekamp, Moriz	DHC Düsseldorf	1998	11	JMB	05:20	00:11:18
122	00:26:41	32	Brömmekamp, Dr. Utz	SAG Duisburg	1959	13	M45	05:20	00:11:18
W 123	00:26:44	996	Pavlicic, Angela	Von Null auf Triathlon	1968	1	W35	05:21	00:11:21
W 124	00:26:45	493	Haese, Diana	ohne Verein	1979	4	HKW	05:21	00:11:22
W 125	00:26:46	8	Auerbach, Sabrina	Berlin	1968	2	W35	05:21	00:11:23
126	00:26:57	993	Baumann, Jens	ohne Verein	1967	9	M35	05:23	00:11:34
127	00:27:07	249	Takada, Masaya	Osterath	1959	14	M45	05:25	00:11:44
W 128	00:27:08	976	Irmiler, Jeanette	ohne Verein	1961	4	W40	05:26	00:11:45
W 129	00:27:13	473	Seidler, Anne	ohne Verein	1982	5	HKW	05:27	00:11:50
W 130	00:27:22	998	Schary, Manuela	ohne Verein	1971	4	W30	05:28	00:11:59
W 131	00:27:22	999	Littges, Sylvia	ohne Verein	1962	5	W40	05:28	00:11:59
132	00:27:26	487	Janßen, fabian	Büderich	1991	12	JMB	05:29	00:12:03
133	00:27:26	951	Reiko, Okazaki	International	1978	18	HKM	05:29	00:12:03
134	00:27:28	59	Gemander, Alfons	Fischelner TV 1905 e	1931	2	M70	05:30	00:12:05
135	00:27:29	959	Dickmann, Karl-Heinz	ohne Verein	1935	3	M70	05:30	00:12:06
136	00:27:30	377	Matzerath, Klaus	LT Wülfrath	1937	7	M65	05:30	00:12:07
137	00:27:33	199	Rulf, Michael	Korschenbroich	1968	10	M35	05:31	00:12:10
138	00:27:37	981	Falkenberg, Hartmut	ohne Verein	1941	6	M60	05:31	00:12:14
139	00:27:37	418	Trebbien, Dirk	ohne Verein	1967	11	M35	05:31	00:12:14
W 140	00:27:51	60	Gemander, Irmgard	Fischelner TV 1905 e	1937	1	W65	05:34	00:12:28
141	00:28:03	31	Breuers, Mark	LG Haltern	1969	12	M35	05:37	00:12:40
W 142	00:28:06	381	Mangold, Claudia	ohne Verein	1966	3	W35	05:37	00:12:43
W 143	00:28:07	3	Althoff, Marion	Rhein-Flitzer	1955	4	W50	05:37	00:12:44
W 144	00:28:08	197	Rössig, Tatjana	Rennteckelclub Hoch	1967	4	W35	05:38	00:12:45
W 145	00:28:13	97	Hoppe, Corinna	Haaner TV	1993	3	JWB	05:39	00:12:50
W 146	00:28:13	72	Griesbach, Julia	Haaner TV	1993	4	JWB	05:39	00:12:50
W 147	00:28:14	223	Schrader, Isabel	Willich	1996	5	JWB	05:39	00:12:51

<i>Platz</i>	<i>Zeit</i>	<i>St.Nr.</i>	<i>Name</i>	<i>Verein</i>	<i>Jahr</i>	<i>PAK</i>	<i>AK</i>	<i>Min/KM</i>	<i>Z-Diff</i>
W 148	00:28:21	165	Möller, Rebekka	Markgräfin-Wilhelmin	1992	6	JWB	05:40	00:12:58
149	00:28:23	174	Nickele, Alfred	Angerland LT Lintorf	1945	7	M60	05:41	00:13:00
W 150	00:28:39	494	Gribs, Sonja	ohne Verein	1973	5	W30	05:44	00:13:16
151	00:28:44	221	Schrader, Anselm	FC Schalke 04	1993	13	JMB	05:45	00:13:21
W 152	00:28:46	461	Kürpick, Jutta	ohne Verein	1958	4	W45	05:45	00:13:23
W 153	00:29:01	88	Heite, Sophie	Meerbusch	1994	7	JWB	05:48	00:13:38
W 154	00:29:07	68	Graefenstedt, Bettina	KC Grevenbroich	1965	6	W40	05:49	00:13:44
W 155	00:29:11	496	Rudolph, Simone	TuS 64 Bösinghoven	1967	5	W35	05:50	00:13:48
W 156	00:29:12	985	Rudolph, Frederike	ohne Verein	1991	8	JWB	05:50	00:13:49
157	00:29:28	177	Nitsch, Markus	Uni-Dojo Wuppertal e	1972	8	M30	05:54	00:14:05
158	00:29:33	376	Puls, Karl-Heinz	LT TBH Düsseldorf	1941	8	M60	05:55	00:14:10
159	00:29:41	104	Janke, Günter	Feuerwehr Düsseldorf	1930	4	M70	05:56	00:14:18
W 160	00:29:42	160	Meiners, Gabriele	Eichental Runners	1965	7	W40	05:56	00:14:19
W 161	00:29:44	57	Furch, Doris	TuS 64 Bösinghoven	1957	5	W45	05:57	00:14:21
W 162	00:29:48	189	Pokorny, Iris	Dortmund	1967	6	W35	05:58	00:14:25
W 163	00:29:53	29	Bongardt, Giesela	ASV-Süchteln	1947	1	W55	05:59	00:14:30
164	00:30:13	87	Heinrichs, Sebastian	Krefeld	1961	14	M40	06:03	00:14:50
W 165	00:30:30	204	Sangs, Insa	Meerbusch	1994	9	JWB	06:06	00:15:07
166	00:30:35	339	Schulze, Willi	Ski-Klub Düsseldorf	1936	8	M65	06:07	00:15:12
167	00:30:39	980	Brehmer, Marius	Lebenshilfe Krefeld	1983	19	HKM	06:08	00:15:16
168	00:30:40	389	Jeide, Achim	TuS 64 Bösinghoven	1938	9	M65	06:08	00:15:17
W 169	00:31:07	172	Nellessen, Ute	SG Neukirchen-Hülch	1966	7	W35	06:13	00:15:44
W 170	00:31:33	388	Dr. Djalali, Azar	ohne Verein	1952	5	W50	06:19	00:16:10
W 171	00:31:38	414	Schliefska, Nathalie	ohne Verein	1981	6	HKW	06:20	00:16:15
172	00:31:58	961	De Azevedo, Rui	ohne Verein	1967	13	M35	06:24	00:16:35
173	00:32:04	44	Ebel, Klaus	TuS 64 Bösinghoven	1940	10	M65	06:25	00:16:41
W 174	00:32:06	484	Schröder, Elfriede	ohne Verein	1939	2	W65	06:25	00:16:43
175	00:32:14	41	Chaudhuri, Oliver	Osterath	1976	20	HKM	06:27	00:16:51
W 176	00:32:37	14	Belgubayeva, Oksana	Grevenbroich	1983	7	HKW	06:31	00:17:14
W 177	00:32:41	498	Schmitz, Anne	LG FSUe Düsseldorf	1947	2	W55	06:32	00:17:18
W 178	00:33:00	36	Büchel, Sandra	Düsseldorf	1976	8	HKW	06:36	00:17:37
179	00:33:40	474	Emmer, Norbert	ohne Verein	1933	5	M70	06:44	00:18:17
W 180	00:36:16	478	Mankel, Margarete	ATV Wuppertal	1931	1	W70	07:15	00:20:53
W 181	00:36:31	424	Boguth, Brigitte	ohne Verein	1936	3	W65	07:18	00:21:08
182	00:45:55	176	Niederdelmann, Jürgen	Meerbusch	1947	7	M55	09:11	00:30:32